# DOCUMENTATION

- Gather accurate information about the reaction, including who assisted in the medical intervention and who witnessed the
  event
- Save food eaten before the reaction, place in a plastic zipper bag (e.g., Ziploc bag) and freeze for analysis.
- If food was provided by school cafeteria, review food labels with head cook.
- Follow-up:
  - Review facts about the reaction with the student and parents and provide the facts to those who witnessed the
    reaction or are involved with the student, on a need-to-know basis. Explanations will be age-appropriate.
  - Amend the Emergency Action Plan (EAP), Individual Health Care Plan (IHCP) and/or 504 Plan as needed.
  - Specify any changes to prevent another reaction.

| TRAINED STAFF MEMBERS                          |       |
|--|-------|
| Name:  | Room: |
| Name:  | Room: |
| Name:  | Room: |
| LOCATION OF MEDICATION                         |       |
| ☐ Student to carry                             |       |
| ☐ Health Office/Designated Area for Medication |       |
| Other:   |       |
|  |       |

## ADDITIONAL RESOURCES

American Academy of Allergy, Asthma and Immunology (AAAAI)

414.272.6071

http://www.aaaai.org

http://www.aaaai.org/patients/resources/fact\_sheets/food\_allergy.pdf

http://www.aaaai.org/members/allied\_health/tool\_kit/ppt/

#### Children's Memorial Hospital

800.543.7362 (800.KIDS DOC®) http://www.childrensmemorial.org

## Food Allergy Initiative (FAI)

212.207.1974

http://www.faiusa.org

# Food Allergy and Anaphylaxis Network (FAAN)

800.929.4040

http://www.foodallergy.org

This document is based on input from medical professionals including Physicians, APNs, RNs and certified school nurses. It is meant to be useful for anyone with any level of training in dealing with a food allergy reaction.