



OCTOBER 2023 BREAKFAST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2/2023 BAGEL WG CINNAMON RAISIN BAGEL 2 OZ, CREAM CHEESE ORANGE 1/2 C APPLE CHERRY JUICE 1/2 C	10/3/2023 CEREAL WG HONEY BUNCHES OF OATS 1 OZ STRING CHEESE 1 OZ APPLE 1/2 C FRUIT CUP 1/2 C	10/4/2023 BREAKFAST BAR WG CHOCOLATE CHIP BAR 1 OZ HARD BOILED EGG 1 OZ FRUIT CUP 1/2 C CRAISINS 1/2 C	10/5/2023 YOGURT PARFAIT WG GRANOLA 1 OZ, PEACH YOGURT 1 OZ APPLESAUCE 1/2 C ORANGE 1/2 C	10/6/2023 BREAKFAST BREAD WG BLUEBERRY BREAKFAST BREAD 1 OZ STRING CHEESE 1 OZ PEAR 1/2 C APPLE 1/2 C
10/9/2023 NO SCHOOL 	10/10/2023 CEREAL WG HONEY NUT CHEERIOS 1 OZ STRING CHEESE 1 OZ APPLE 1/2 C FRUIT CUP 1/2 C	10/11/2023 YOGURT PARFAIT WG GRANOLA 1 OZ, VANILLA YOGURT 1 OZ FRUIT CUP 1/2 C CRAISINS 1/2 C	10/12/2023 BREAKFAST BAR WG STRAWBERRY BAR 1 OZ HARD BOILED EGG 1 OZ APPLESAUCE 1/2 C ORANGE 1/2 C	10/13/2023 BREAKFAST MUFFIN WG BANANA MUFFIN 2 OZ PEAR 1/2 C APPLE 1/2 C
10/16/2023 BAGEL WG CINNAMON RAISIN BAGEL 2 OZ, CREAM CHEESE ORANGE 1/2 C APPLE CHERRY JUICE 1/2 C	10/17/2023 CEREAL TRIX CEREAL 1 OZ STRING CHEESE 1 OZ APPLE 1/2 C FRUIT CUP 1/2 C	10/18/2023 YOGURT PARFAIT WG GRANOLA 1 OZ, PEACH YOGURT 1 OZ FRUIT CUP 1/2 C CRAISINS 1/2 C	10/19/2023 BREAKFAST BAR WG CHOCOLATE CHIP BAR 1 OZ HARD BOILED EGG 1 OZ APPLESAUCE 1/2 C ORANGE 1/2 C	10/20/2023 BREAKFAST BREAD WG BLUEBERRY BREAKFAST BREAD 1 OZ STRING CHEESE 1 OZ PEAR 1/2 C APPLE 1/2 C
10/23/2023 NO SCHOOL PARENT TEACHER CONFERENCE	10/24/2023 NO SCHOOL INSTITUTE DAY	10/25/2023 YOGURT PARFAIT WG GRANOLA 1 OZ, VANILLA YOGURT 1 OZ FRUIT CUP 1/2 C CRAISINS 1/2 C	10/26/2023 BREAKFAST BAR WG STRAWBERRY BAR 1 OZ HARD BOILED EGG 1 OZ APPLESAUCE 1/2 C ORANGE 1/2 C	10/27/2023 BREAKFAST MUFFIN WG BANANA MUFFIN 2 OZ PEAR 1/2 C APPLE 1/2 C
10/30/2023 BAGEL WG CINNAMON RAISIN BAGEL 2 OZ, CREAM CHEESE ORANGE 1/2 C APPLE CHERRY JUICE 1/2 C	10/31/2023 CEREAL WG HONEY BUNCHES OF OATS 1 OZ STRING CHEESE 1 OZ APPLE 1/2 C FRUIT CUP 1/2 C	11/1/2023 	11/2/2023 <ul style="list-style-type: none"> ▪ WHOLE-GRAIN BREADS & PRODUCTS ▪ MENU ITEMS DO NOT CONTAIN PORK ▪ MILK AVAILABLE WITH ALL MEALS *CONDIMENTS	11/3/2023 